



SophiaHealth[®]
INSTITUT KAUFBEUREN

Sample Protocol Chronic Immune Reactions Infection, Mold and Concussion

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general suggestions in case of chronic streptococcus immune reaction in combination with mild traumatic brain injury

With a lot of patients we see chronic overreaction of the immune system due to persistent infection of streptococcus or staphylococcus from early childhood on. Recurrent ear, sinus or throat infection with a lot of antibiotics force the bacteria to change and hide intracellular. The immune system becomes more and more nervous with the infection, unable to come back to symbiosis with the bacteria. At the end it is like an allergic reaction to the microbes and their toxins, where ever in the organism they show up, the immune system answers with exaggerated immune reaction and inflammation.

That allergic reaction can include mast cell activation and constant high levels of histamine. Sooner or later the immune reaction also reaches the brain and nervous system. Antibodies start to attack the own tissue. So called Immunoexcitotoxicity - chronic immune overexcitement becomes toxic for the nervous cells.

The microglia cells go into a kind of alarm state. Symptoms are not yet full recognizable. A mild traumatic brain injury with mild concussion in this state means a dramatic increase in stress level and can start an immune cascade, that the organism is not able to stop of reverse on its own.

First symptom often weeks after the concussion are problems sleeping!

Acne is symptom of overreaction to strep!

At some point there is no tolerance of the immune system anymore, less and less food, stress, noise, remedies (natural or synthetic like antibiotics) are tolerated. Every attempt to work with the infection or detox ends in another flare-up of the immune system - a very fragile system.

In the book "Biological treatment of Lyme-Borreliosis" Dr. Klinghardt and Ariane Zappe described strep as the pre-infection of Lyme.

Gut inflammation often is a consequence, because infection, toxins and immune system components are swallowed from the throat area. Also they are inhaled and can cause persistent inflammation in the respiratory tract.

Often we also see irritation of the bladder with frequent urination esp. at night.

Mold, especially when exposed to in early childhood, can be an additional irritation of the immune system. Mycotoxins impair a lot of different processes in the organism and is clearly identified as being one of the causes for CFS chronic fatigue syndrome.

To properly diagnose, apart from a profound anamnesis and going through lab work and findings so far, we need to do the ART testing according to Dr. Klinghardt in our clinic in Kaufbeuren.

****strategy****

- **immune modulation: the immune reaction must be reduced, but selectively to the infection, mold and mycotoxins, not general like cortisone does**
- **as soon as the system becomes more tolerant and stable, we can start working with the infection to restore symbiosis (not pure killing!)**
- **detox**
- **regenerate the brain and nerve cells**

****assessment****

- chronic immune reaction to strep since childhood (recurrent tonsillitis, otitis or sinusitis) at tonsil and sinus area or lungs
- leading to constant release of antibodies, leading to PANDAS (anxiety, shy, obsession to be perfect, tics, autism like symptoms ...) (for info about antibodies google Cunningham panel, these antibodies have been used to make the PANDAS frequency chord)
- intolerance to MSG: glutamate is the main neurotransmitter, that is released with immunoexcitotoxicity
- immune system was in constant alarm state, also in the brain, leading to an immune cascade after the enormous stress of concussion (immunoexcitotoxicity), first sign: insomnia, glucose mechanism in the brain not functioning properly
- mold added to the stress of the immune system
- mold is depleting the body from glutathion, which is the main detox substance
- Studies show mold being a reason for CFS chronic fatigue syndrome
- now, the overreaction allergy-like immune system reactions have come to
- gallbladder stones: there is research about bacterial infection of gall bladder and liver and stone formation, especially cholesterol stones

This protocol is for a patient, whose tolerance is down to 0. Even herbal treatment has to be done with special caution.

****Immunesystem Modulation****

frequency chords contain all potencies from C6, C7, ... to C30

- immunexcitotoxicity, to reduce the immune reaction in the brain
- histamine, to reduce the release of histamine
- Mycotoxins, to reduce the reaction to them
- streptococcus and PANDAS
- Glutathione, to increase detox mechanisms
- VivaPulma, made from herbs to detox and heal the lungs
- lactic and acetic acid bacteria
- Smart Vagus (melatonin, oxytocin, vasopressin) to regulate the vagus nerve with the small syringe (volume 0,3ml) take out 0,05ml (mark 5) and squirt under your tongue (NO injection!), 3-4 times per day

additionally you can take one dose of each and squirt it together in one bottle of water to zip throughout the day

****further reduce immune reactions****

use daily or if symptoms change or get worse:

homeopathic urine therapy K- method by Dr. Klinghardt:

Fill a jar, that you can close with a lid, with urine up to 1-2 cm

Close and success (shake) 50 times

Pour out everything in toilet

Fill with water to same level

Success (shake) 50 times

Pour out everything in toilet

Fill second time with water to same level

Success 50 times

Pour out everything in toilet

Fill third time with drinking water to same level

Success 50 times And drink the whole glass

Fill fourth time with water to same level,

Shake a couple of times and drink zip by zip throughout the rest of the day

Do the whole procedure once a day but always start at different times of the day
You can use the same jar.

****reduce overexcitement state of the brain****

please alternate the different nasal sprays, if you want more often, also at night:

- colloidal lithium, as nasal spray, spray in nose both sides, 2-3 times today and tomorrow morning
- frequency chord immunoexcitotoxicity as nasal spray
- nasal spray glucose to reduce the panic state in the brain (same as below)
- + tap both sides of hands together, small and large intestines meridian or even better tap the whole 12 tapping points

****treat liver / gallbladder pain****

- in your clean hand mix per every 5 drops of VivaMatrix oil with 1 drop DMSO and rub onto the liver, back painful area, 2-3 times per day, if skin get irritated, further dilute with more oil with less DMSO
- VivaHepa, 3 x 5 drops, increase to 3 x 15 drops
- Diptam-Elixir (stone breaker old Hildegard of Bingen remedy), 1-4 times a teaspoon, if possible directly in the mouth, swish around, gurgle, swallow
- 1-2 x day AMC Regulat, same as Diptam, (also contains fermentation vinegar)
- first in the morning 1 teaspoon of fennel vinegar (Fenchelessig) in water and drink (Vinegar is the best to dissolve calcium)

****HPU****

- use HPU colloidal as nasal spray and do the same
- maybe additionally frequency chord "Vitamin B"

****lungs****

- make some warm to slightly hot water, put in 2 drops of propolis and try to inhale VERY carefully 1-2 times

****reduce the stress level in tonsil area and jaw bone****

- place vial of procain on the tonsil area outside and shine through with the red laser, each side about 30 seconds, as often as possible today and tomorrow.
- do same at the left lower jaw bone

****glucose for the brain****

- nasal spray with glucose 5% and frequency chord insulin, use every hour to provide better glucose level for the brain, see what the hypoglycemia does ...
you can take it as often as you want

****anti-inflammatory****

- VivaCalma, alcohol drops, put in some water and wait 1-2 hours, keep in the mouth for some time like 1-2 minutes to have as much as possible absorbed through the mouth, 3 x per day
up to 3 x 15 drops

****Streptococcus symbiosis****

- VivaPanda, Same as VivaCalma

****reduce histamin release****

- VivaHista, 2 x 5 drops
- for emergency when you have eaten something with excessive histamine: get DaoSin or DaoZym from any Pharmacy and take after the food

Step 2 when tolerance has increased and patient is more stable, usually after 1-3 weeks:

****to reduce the release of nitrogen monoxide (nitrosative stress)****

- VivaNO, 2 x 10 drops

****more healing of the lungs, detox****

- VivaPulma, 3 x 10 drops

****more strep treatment****

- HNO as nasalspray, use 3-4 times per day, spray in both sides of the nose and throat, inhale deeply

****kidney support****

- VivaWater, 2 x 10 drops

****regenerate the brain****

- as soon as you can tolerate fat again, start slowly with omega 3, like fish oil

- VivaBrain, 3 x 10 drops